

HOME CONNECTS



Social-Emotional Learning Objectives:

- Achieving with a positive attitude.
- Strengthening self-confidence.
- Speaking and acting truthfully.

Let's Chat Conversation Questions:

- Your mindset is powerful! What do you believe you can achieve?
- How can you change a bad attitude?
- You are capable of many things! List them.

Respectful Ways Q&A:

Q: How can you show self-confidence?

A: *Don't give up when I fail, keep trying until I succeed, be my authentic self, act and speak in a positive manner, trust I can achieve anything, etc.*

Q: Why is honesty the best policy?

A: *It's better to be truthful than to lie, the truth would eventually come out, I would feel better about myself, others would trust me, I would have positive and honest friendships, etc.*

Home Connects Activity Ideas:

- You made an **Honest Promise Portrait** in school. Now, make an **Honest Promise Family Portrait** at home. Find a piece of paper and draw each person in your family. Then, have each person complete the following sentence above or below their picture. **I Promise** _____. Find a place to display your picture.
- You learned a new song in school. Ask your family to complete the following stanza, and then sing it to **If You're Happy and You Know It**.

If I **think it** and believe it, **I CAN** _____.

If I **think it** and believe it, **I CAN** _____.

If I **think it** and believe it, my positive thoughts will help achieve it

If I **think it** and believe it, **I CAN** _____.



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