

# HOME CONNECTS

## RESPECT



### Social-Emotional Learning Objectives:

- Learning to listen actively and respectfully.
- Thinking carefully about terms of endearment, and replacing negative terms of endearment with positive ones.
- Being reflective and balanced about entertainment input, and creating positive media to model respectful communication.

### Let's Chat Conversation Questions:

- What kind of message do you send about yourself when you use profanity?
- How can using curse words impact the way other people treat you?
- How do you feel when someone yells at you or uses judgmental words?

### Respectful Ways Q&A:

- Q:** How do we listen actively?
- A:** Look directly at the speaker, repeat what he or she says to you in your own words, listen for feelings, don't judge.
- Q:** How does our environment and our entertainment affect our speech?
- A:** If we aren't reflective and balanced, we can be desensitized.

### Home Connects Activity Ideas:

- Next time you have a conflict in your family, try out the active listening techniques listed in the Q&A. You might be surprised at the result!
- Make an effort to watch a movie or listen to music with your student. Reflect together on your student's media consumption and balance it with positive messages if you feel it's getting too negative.
- Research the long-term psychological damage disrespectful words can have. Talk about your own experience, if applicable.



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