

HOME CONNECTS

RESPECT



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Social-Emotional Learning Objectives:

- Recognizing the difference between a respectful and disrespectful tone of voice.
- Replacing words of frustration with words that are peaceful and calm.
- Developing an awareness of pushing buttons and how it makes an individual feel and react.

Let's Chat Conversation Questions:

- There are some words you shouldn't use. How can you express yourself respectfully?
- Give an example of being respectful to adults.
- Can a tone of voice be disrespectful? How?

Respectful Ways Q&A:

Q: What are examples of positive words you can express to others?

A: *Wonderful, happy, helpful, confident, loving, successful, respectful, creative, amazing, peaceful, fun, positive, strong, smart, friendly, etc.*

Q: What is tone of voice?

A: *Tone of voice is the way you speak to someone else.*

Home Connects Activity Ideas:

- Create a family list of positive words and thoughts. Use them when you're speaking to family members, friends, and peers. You'll be surprised how wonderful you'll feel when speaking in a positive and loving manner.
- When someone is experiencing frustration at home, recite the following poem:

Frustration words I can hear

And hurtful actions I can't bear

Take your words and actions too

*And **REPLACE** each one with something new.*