# HOME CONNECTS

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## Social-Emotional Learning Objectives:

- Choosing between a right and wrong decision.
- Stopping and thinking before speaking inappropriately.
- Understanding that consequences are due to my decisions and actions.

#### Let's Chat Conversation Questions:

- What does the word "consequences" mean?
- Next time you're mad at someone, stop and think about what you like about them. Write it down.
- If I stop and think before I behave poorly, then \_\_\_\_\_ will happen.

### Respectful Ways Q&A:

- **Q:** Your bedtime is at 8:00, but you want to stay up and watch television. Should you choose to go to bed or stay up late? Why?
- A: Go to bed because I'll be tired when I wake in the morning for school.
- **Q:** Share a consequence if you don't do your homework.
- A: My teacher will be upset, I'll have to stay in for recess to complete it, my teacher will call my parents, I'll have extra homework to do, I'm not learning, etc.

#### Home Connects Activity Ideas:

• You learned that *truthful, important, helpful, kind,* and *positive* thoughts are important to think and speak. Teach the two short poems below. Recite them when positive and negative thoughts are spoken at home.

Red light, red light thought unkind Lock your thought deep in your mind. Green light, green light thought so kind Love your thought deep in your mind.

 Play the Consequence Game. Label one sheet Positive and the other Negative. When a consequence occurs based on a decision, list it as either positive or negative. Which list has more at the end of the week?