

# HOME CONNECTS





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# **Social-Emotional Learning Objectives:**

- Understanding the importance of being kind to others.
- Discovering acts of kindness that go unnoticed.
- Changing the world with one act of kindness at a time.

### **Let's Chat Conversation Questions:**

- What emotions do you feel inside when you are kind to others?
- How do you feel when you receive kindness and someone is kind to you?
- What good things can come from being kind?

## **Respectful Ways Q&A:**

Q: What are 3 acts of kindness that can change the world?

**A:** Write letters to people who are sick, collect money for people who are poor, help a neighbor clean their yard, donate old clothes and toys, show a new student around the school, give a compliment, etc.

Q: Can you define an act of kindness?

**A:** An act of kindness is an action to show your love and generosity toward someone or something in the world.

#### **Home Connects Activity Ideas:**

- Perform one act of kindness at home. Ask your family to do the same. Now, challenge yourself. Display one act of kindness each day – for a brother, sister, parent, neighbor, the elderly, etc.
- Teach your family the new song you learned in school. Have each family member sing it. Make sure they share their act of kindness.

#### Changing the World - One Act at a Time

Tune: The Wheels on the Bus

I'm changing the world one **ACT** at a time A random act to **SHOW** I'm kind I'm changing the world to **LOVE** and shine One act... at a time.